



Saint Louis Ultrarunners Group

Membership Application

The St. Louis Ultrarunners Group (SLUG) is a group of ultrarunners whose goal is to promote ultrarunning in the St. Louis area. SLUG members are SLUGs.

New Member ___ Renewal ___ Years ___ Address Change ___ Phone Change ___
Name ___ Birth Date ___
Street Address ___
City ___ State ___ Zip ___
Home Phone ___ Work Phone ___
Email ___ Occupation ___

Membership fee is \$20.00 for one calendar year starting in January, \$35.00 for two years. Make check payable to 6WRKV8 and mail to: 9416 Dennison Grove Dan Strieker, Treasurer 8521 Eulalie Ave St. Louis MD 63144

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St. Louis 63144

Club Membership Application Waiver. I know that running and volunteering to work in a club race(s) are potentially hazardous activities. I should not enter and run in club activities unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running and volunteering to work in club races including, but not limited to, falls, contact with other participants, the effects of weather including, heat, humidity, and cold, the conditions of the road or trail, and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of my application for membership, I, for myself and anyone entitled to act on my behalf, waive and release the St. Louis Ultrarunners Group and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in these club activities even though the liability may arise out of negligence on the part of the person named in this waiver.
Signature ___ Date ___

The club conducts ultramarathons in the St. Louis area and is a member of the RRCA. Quarterly meetings are held to make decisions about club organization and activities. Members are added to the SLUG email list, where information related to club business and activities is communicated. The SLUG also has a public Facebook page where members and non-members are welcome to share content related to trails and ultrarunning. Membership includes reduced entry fees into club sponsored ultras and is required for eligibility to compete in the Eastern Missouri Ultrarunning Series (EMUS). Visit our website at: stlouisultrarunnersgroup.com